

# NOW

## YOUR PRESENT AND FUTURE MOMENTS IN LIFE!

Programme Overview :

**NOW PROGRAMME: A SYNOPSIS**

THE 21ST CENTURY POSES MANY CHALLENGES FOR BUSINESSES AND INDIVIDUALS ALIKE. WHILST BUSINESSES ARE GLOBALISING, NEW TECHNOLOGY EVOLVES AT A RAPID PACE THE WORLD HAS BEEN TRANSFORMING FROM AN INDUSTRIAL TO A KNOWLEDGE BASE CUM EMOTIONAL SOCIETY. TO MEET THESE CHALLENGES AND OPPORTUNITIES, ORGANISATIONAL EFFECTIVENESS DEMANDS THAT EACH INDIVIDUAL BE ABLE TO INITIATE AND MANAGE CHANGE PROACTIVELY. CHANGE IS A FACT OF LIFE. IT IS PREREQUISITE FOR GROWTH AND CANNOT BE AVOIDED. THEREFORE, FOR ORGANISATION OR BUSINESS TO CHANGE, THE INDIVIDUAL MUST CHANGE FIRST. DOING THE SAME THING AND EXPECTING DIFFERENT RESULTS IS INSANITY

**OBJECT**

TO CREATE AWARENESS ABOUT THE INDIVIDUAL'S POTENTIAL AND CAPABILITIES TO CREATE CHANGE TO ACHIEVE EFFECTIVE PERFORMANCE AND QUALITY RESULTS.

TO INSPIRE AN INDIVIDUAL TO BE SIGNIFICANT AND TO ESTABLISH HIS/HER PURPOSE IN LIFE THUS FULFILLING ONE'S DESTINY.

Speaker: Audry Chan



**YOU CAN BE WHO YOU CHOOSE TO BE!**

**SHE IS A** VISIONARY IN THE DEVELOPMENT OF THE HUMAN POTENTIALS.

**SHE IS A** BUILDER OF VIBRANT PEOPLE WITH FOCUSED VISIONS, GOALS AND VALUES.

**SHE IS A STRONG** ENCOURAGER TO INDIVIDUAL IN MAXIMIZING THEIR OWN ABILITIES AND TALENTS.

**SHE ACT AS A** CATALYST IN BRINGING OUT THE VERY BEST IN ANY INDIVIDUAL CONTRIBUTING POSITIVELY TOWARDS THE GROWTH OF HIS/HER ORGANIZATION, NATION AND SELF.

**SHE IS A CONSTANT** ENHANCER IN BRINGING OUT ACHIEVEABLE VICTORIES IN ANY INDIVIDUAL IN LIVING A WELL BALANCED LIFE.

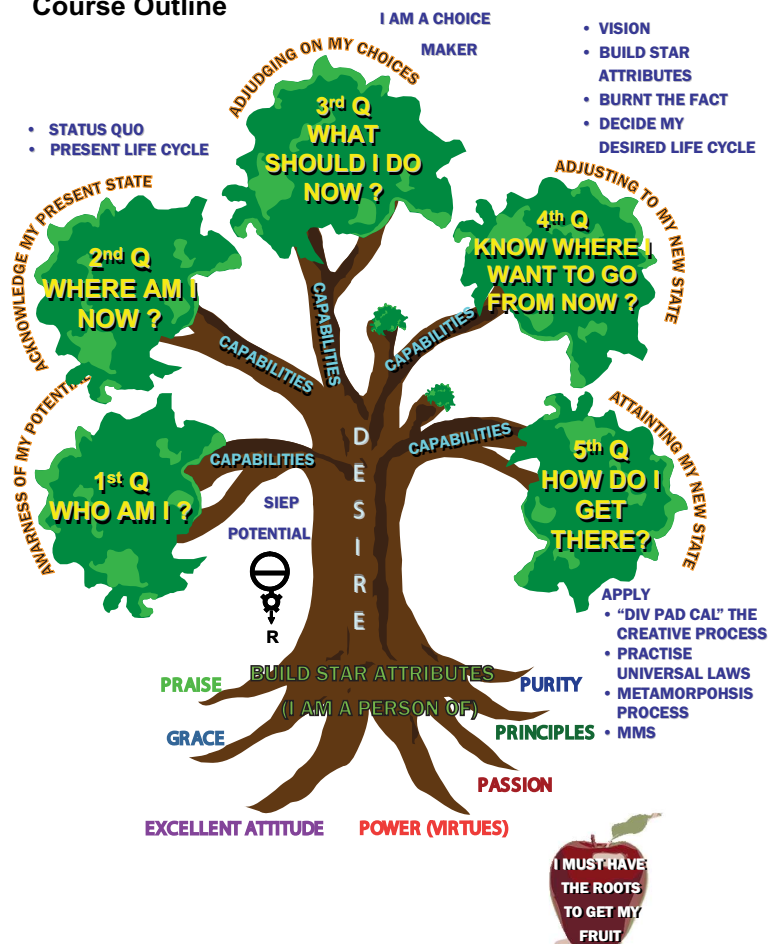
**SHE IS A** DEVELOPER OF INDIVIDUAL TO BE MAN AND WOMAN OF EXCELLENCE, INTEGRITY, COMMITMENT, ACCOUNTABILITY, AND RESPONSIBILITY WITH HIGH LEADERSHIP QUALITIES.

Audry started her career in the Hospitality Industry as HR Manager and moved on to head on the division as Director of the HR and Training. Her career span has led her to hear MATTAs as its Executive Director and concurrently was appointed as Secretary of FATA serving the 6 ASEAN countries.

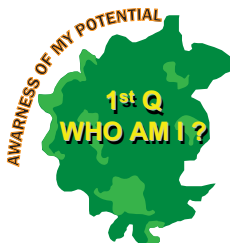
Her latter years saw her as a Management Consultant in ICC. and finally she embarked on the quest as an entrepreneur in her own training establishment. Today, Audry has conducted training in the regions of Malaysia, Singapore, Philippines and Thailand

Audry carries with her 20 years of working experience. She holds a degree in Behavioural Science, a degree in Hotel Management and a diploma in HR. She is also an NLP practitioner and is a certified facilitator for PEAKS (Physchometric Profiling).

Course Outline



**THE MODULES**



**WHO AM I ?**  
I AM A **SIEP** POTENTIAL - BORN **SPIRITUALLY STRONG**,  
**INTELLECTUALLY SOUND**,  
**EMOTIONALLY STABLE**,  
**PHYSICALLY FIT**.  
I AM A CHOICE MAKER, WHAT I CHOOSE IS WHAT I GET **NOW**



**WHERE AM I NOW ?**  
I CHECK MY FINANCIAL STATUS AND MY PRESENT LIFE WHEEL  
WHICH ARE MY MOMENTS OF  
TRUTH **NOW**

## FOR WHOM

FOR EVERYONE WHO WANTS TO **ACHIEVE**, TO HAVE SECOND **CHANGES**, TO HAVE **BREAKTHROUGHS**.

## TESTIMONIES



"NOW programme is an excellent programme!"

"Audry Chan is very professional."

PREECHA SWASDPEERA  
EXECUTIVE VICE PRESIDENT  
GENERALI LIFE ASS, THAILAND



"I spent 3 fantastic days understanding myself."

"Audry is a true person and she speaks from her heart."

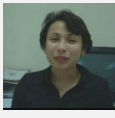
GIAMPAOLO PETRONI  
VICE PRESIDENT  
GENERALI LIFE ASS, HONG KONG



"I can overcome the fear of starting all over again, I can make decision with conviction"

"Audry is a fantastic trainer that I've ever come across."

CHANNA  
ENTREPRENUAR  
PHILWAY Inc, PHILIPPINES



"I can look deeper inside me and I have hope for things to change I must change first."

"Audry trains from her heart and no matter what you come from, she can connect with you."

MARA - HEAD OF OPT. SOLUTION Inc, PHILIPPINES



"I was a very insecure and fearful person until I attended NOW. I never realise that I can do so much more with my life. It's like a reflection of the mirror of my own weakness and strength"

"Audry is wholesome and I have great admiration for her."

BETTY  
ENTREPRENUAR  
GONGZHOU, CHINA



"The NOW programme is a very good programme. It gives me knowledge that I cannot learn elsewhere."

"Audry's methodology is very effective and I benefited from it tremendously."

SHAM  
UNI LIFE ASIA, JB



"It's a fantastic and wonderful programme, it gives me new ideas, new horizons and open my life to alot of new things."

"Audry is a power house."

JAMES REDAS  
AGENCY MANAGER  
MNI, KUCHING



"Before the NOW programme I was just existing. After the NOW programme, I realise that I must change first not others and I must do it now."

"Audry is a great and dynamic person. She gave all of herself during the training."

ANUSHA DEVI  
UNI ASIA LIFE



WHAT SHOULD I DO **NOW** ?  
I AM A CHOICE MAKER  
WHAT I CHOOSE IS WHAT I GET  
**NOW**



KNOW WHERE I AM GOING **NOW**  
IF I CAN SEE IT IN MY HEAD  
HOLD IT IN MY HEART  
I CAN HAVE IT IN MY HANDS  
I START WITH BUILDING MY STAR ATTRIBUTES, **BURNT THE FACT** AND USE **DAILY POSITIVE AFFIRMATIONS**.



HOW DO I GET THERE **NOW** ?  
I MUST APPLY  
- "DVI PAD CAL" THE CREATIVE PROCESS  
- PRACTISE **UNIVERSAL LAWS**  
- GO THROUGH **METAMORPHOSIS PROCESS**  
- INTERNALISED AND USE **POSITIVE AFFIRMATIONS DAILY NOW**

## BENEFITS

HOW " **NOW** " CAN **BENEFIT** THE COMPANY, ITS BUSINESS AND THE INDIVIDUAL

- \* THE INDIVIDUAL WILL UNDERSTAND THE NEED, THE IMPORTANCE OF THE VALUE OF CHANGE AS A PREREQUISITE FOR GROWTH AND PROGRESS FOR BOTH THE COMPANY AND THE INDIVIDUAL.
- \* THE INDIVIDUAL WILL DEVELOP THE 5As FOR PERSONAL CHANGE WHICH ARE:
  1. AWARENESS OF MY POTENTIAL
  2. ACKNOWLEDGE MY PRESENT STATE
  3. ADJUDGING ON MY CHOICES
  4. ADJUSTING TO MY NEW STATE
  5. ATTAINING MY NEW STATE
- \* THE INDIVIDUAL WILL DEVELOP MINDSETS FOR EXCELLENCE WHICH ARE:
  1. ESTABLISHING A PURPOSE
  2. SELF MOTIVATION
  3. POSITIVE MENTAL ATTITUDE
  4. PASSION

WHICH WILL RESULT IN BETTER PERFORMANCE AND PRODUCING POSITIVE RESULTS FOR MUTUAL BENEFITS ( MEANING FOR BOTH THE INDIVIDUAL AND THE COMPANY.)

- \* THE INDIVIDUAL WILL KNOW HOW TO ACHIEVE HIS/HER GOAL THROUGH THE CREATIVE PROCESS OF "DECIDING", "INTERNALISING", "PLANNING". "DOING". "TRUSTING", "CHECKING" AND "LEARNING" FROM THE RESULTS.